

COLAC & DISTRICT EARLY YEARS SERVICES

2015 QUICK REFERENCE GUIDE

GENERAL

Colac Otway Shire 5232 9400

FAMILY & PARENTING SUPPORT

Breastfeeding Helpline 1800 686 268
 Centrelink 13 61 50
 Child FIRST 5232 5500
 Colac Area Health 5232 5140
 Family Relationship Centre 5246 5600
 Glastonbury- Early Years: HIPPY, PLAY, Smalltalk, Bush Group, Support Playgroup 5231 4740
 Home & Away Baby Hire 0488 673 050
 Kinship Carers (Bethany) 1300 557 611
 Out of Home Care and Substance SAFE 5222 6911
 Parentline 13 22 89
 Salvation Army 5231 1178

EMERGENCY CRISIS INFORMATION & SUPPORT

Ambulance, Fire and Police 000	Police Stations:
Colac Cm Dennis & Queen St	5230 0000
Apollo Bay 31 Nelson St	5237 6750
Beeac 63 Main St	5234 6255
Birregurra 89 Main St	5236 2034
Forrest 47 Station St	5236 6372
Lavers Hill 62 – 66 Great Ocean Rd	5237 3200
1800RESPECT Counselling- 24 hour	1800 737 732
Australian Breastfeeding Association Helpline	1800 686 268
Child Protection Crisis Line - 24 hour	13 12 78
Colac Area Health	5232 5140
Crisis Accommodation Homelessness - 24 hour	1800 825 955
Department of Immigration and Border Protection	13 18 81
Geelong Hospital – Barwon Health	4215 0000
Kids Helpline - 24 hour	1800 551 800
Lifeline - 24 hour	13 11 14
Maternal and Child Health Line- 24 hour	13 22 29
Men's Referral Service	1300 766 491
National Relay Service – 24 hour	13 36 77
National Perinatal Depression Helpline (Panda)	1300 726 306
Nurse-On-Call – 24 hour	1300 606 024
Otway Health - Apollo Bay	5237 8500
Parentline Victoria – 8am - midnight	13 22 89
Safe Steps Family Violence Response- 24 hour	1800 015 188
Sexual Assault Crisis Line 5pm – 9am	1800 806 292
Victorian Poisons Information – 24 hour	13 11 26
Victorian State Emergency Services – 24 hour	13 25 00

HEALTH & WELL-BEING

Apollo Bay General Practice 5237 6844
 Barwon Health 4215 0000
 - Child and Adolescent Mental Health 1300 763 254
 Birregurra Community Health Centre 5236 4009
 Child & Adolescent Mental Health Service 1300 763 254
 Colac Area Health 5232 5100
 -Community Services 5232 5180
 -Allied Health—OT, Physio, Speech Therapy 5232 5140
 Colac Medical Centre– Bulk Billing 5232 1128
 Colac Youth Hub 5232 5520
 Corangamite Clinic 5231 5866
 Maternal Child & Health—Colac 5232 9570
 Murray Street Allied Health 5232 1542
 Otway Health & Community Services 5237 8500
 Otway Medical Clinic 5231 5300
 The Raphael Centre– Counselling 5221 7333
 SCOPE - Speech Therapy, OT, Physio 5221 5444

LIBRARY

Apollo Bay Library 5237 1013
 Colac Community Library and Learning Centre 5231 4613
 - Childhood programs, Story time, Rhyme time, Baby Bounce
 Colac Library Annex 5232 2631
 Library Outreach & Home Service Van 0408 525 538
 Toy Library 0408 525 538

PLAYGROUPS

Apollo Bay Steiner Playgroup by the Sea 5237 7195
 Apollo Bay Preschool Rostered Playgroup 5237 6494
 Apollo Bay Playgroup 0429 977 364
 Birregurra Playgroup 5236 2240
 Carlisle River Playgroup 5238 3278
 Beeac Children at Play 5267 1270
 Colac N'hood House Supported Playgroup 5232 5210
 Cororooke Playgroup 5233 1000
 Lavers Hill Playgroup 5237 3213
 Red Rock Playgroup Alvie 5264 8256
 Sacred Heart Playgroup 0419 317 792
 St Johns Playgroup– Colac 0418 140 317
 Bubs @ The Hub 5231 2822
 Warrion Playgroup 5234 8440

ABORIGINAL SERVICES

Wathaurong Aboriginal Co-op 5277 0044

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EDUCATION

Child Care:

Apollo Bay Children's Centre	5237 8500
Blue Water Fitness Centre	5232 9551
Colac Family Day Care	5232 9400
Millville Child Care Centre	5232 2550
The Cubby House	5231 4811
Wydinia Kindergarten & Care	5231 4552
In Venue Day Care Cororooke	5593 7100
CHAMPS OSC at St Mary's	0409 992 544

Kindergartens:

Alvie & District Kindergarten	5233 1436
Apex Preschool	5231 4271
Apollo Bay Preschool	5237 6494
Birregurra Preschool Centre	5236 2096
Colac East Kindergarten	5231 2617
Forrest Preschool	5236 6540
Lavers Hill & District Preschool	5237 3229
Millville Child Care Kindergarten Program	5232 2550
The Cubby House Kindergarten Program	5231 4811
Winifred Nance Kindergarten	5231 4749
Wydinia Kindergarten & Care	5231 4552
Pre School Field Officer	5221 2984

Primary Schools:

Alvie Consolidated School	5234 8256
Apollo Bay P-12 College	5237 6483
Beeac Primary	5234 6463
Birregurra Primary	5236 2222
Carlisle River Primary School	5235 0261
Colac Primary	5231 2560
Colac Specialist School	5231 1055
Colac South West Primary School	5232 1170
Colac West Primary School	5231 4749
Elliminyt Primary School	5231 5208
Forrest Primary School	5236 6393
Sacred Heart Primary	5231 5292
St Mary's Primary	5231 3640
St Brendan's Primary	5233 1464
Colac & Corangamite Network School	5234 3600

HELPFUL WEBSITES

Local Councils:

www.colacotway.vic.gov.au Early Years Directory

Parenting: (tips, craft, behaviour charts)

www.kidslarningstation.com www.dltk-cards.com
www.essentialkids.com.au www.kidscount.com.au
www.allkidsnetwork.com

Support:

www.breastfeeding.asn.au www.education.vic.gov.au
www.corangamitelibrary.vic.gov.au www.playgroup.org.au
www.colacarehealth.com.au www.csmc.org.au
www.dhs.vic.gov.au www.gateways.com.au
www.familyrelationships.gov.au www.glastonbury.org.au
www.health.vic.gov.au www.humanservices.gov.au

NEIGHBOURHOOD HOUSES

Apollo Bay—Marrar Woom N'hood House	5237 8500
Colac Neighbourhood House	5232 2510
Cressy & District Neighbourhood House	5238 8338
Forrest Neighbourhood House	5237 8500
Gellibrand Community House	5235 8348
Lavers Hill Neighbourhood House	0417 948 522

DISABILITY SUPPORT

Barwon Specialist Children's Services	5226 4540
Community Based Respite	5231 1573
Colac Early Education Program	5231 1055
Older Person and Ability Support Services OPASS	5232 9420
Early Childhood Intervention Service	5225 1000
Gateways Support Service—Geelong	5221 2984
-Parent Support & Interchange— Colac	5232 2001
National Disability Insurance Scheme	5233 5100

Taxi

Apollo Bay	0417 109 686
Colac	13 22 27